

Update to the Paul School Covid Plan
January 18, 2022

<p>What should you do if you have Covid symptoms?</p>	<ul style="list-style-type: none"> ● Stay home and away from others ● Take a covid test: <ul style="list-style-type: none"> ○ If negative: return to school when symptoms are improved and there is no fever (for 24 hours without medication). ○ If positive: see below
<p>What should you do if you test positive for Covid?</p> <p>Regardless of vaccination status, you should:</p>	<ul style="list-style-type: none"> ● Stay home and away from others (including people in your household) for at least 5 days. ● You can leave your house after 5 days if you have no fever (off fever-reducing medications) for at least 24 hours and other symptoms are improving ● Must continue to wear a mask around others for 5 additional days. There are NO EXEMPTIONS for this step. <ul style="list-style-type: none"> ○ Mask may be removed when eating or outdoors. ● If fever has been present in the prior 24 hours, or if other symptoms are not improving, then you should continue to isolate until fever free and symptoms are improving for at least 24 hours, or until after 10 days of isolation. ● Per CDC guidance, you can take an antigen test on day 5 before ending isolation and, if positive, you should continue to isolate for a total of 10 days.
<p>What should you do if you have been exposed to someone with Covid who is a <u>household member</u>?</p> <p>If you are unvaccinated;</p> <p>OR</p> <p>You are not “up to date” on receiving all recommended COVID-19 vaccine doses, you should :</p>	<ul style="list-style-type: none"> ● Stay home and away from others for 5 days after the last exposure. ● For 10 more days: <ul style="list-style-type: none"> ○ Wear a well-fitting medical face mask when around other people. NO EXEMPTIONS for this step. ● If a mask cannot/will not be worn, the isolation continues for 10 more days. (Making for a total of 15 days of isolation). ● Watch for symptoms for COVID-19 for 10 days after the last exposure, and get tested if symptoms develop. ● Get tested at least 5 days after the exposure, even if no symptoms develop. <ul style="list-style-type: none"> ○ If positive, move to isolation.
<p>When is NO Quarantine needed after being exposed to Covid?</p> <p>Contact was non-household person; OR Household contacts were “up to date” on receiving all recommended COVID-19 vaccine doses; OR Unvaccinated household contacts were within 90 days of testing positive for COVID-19 by antigen or PCR-based testing, you should:</p>	<ul style="list-style-type: none"> ● If symptoms develop, stay home and get tested for COVID-19. ● It’s recommended that you get tested for COVID-19 on day 5, even if you don’t have symptoms. ● If testing is positive, follow isolation recommendations above.

*mask wearing remains a requirement when riding a bus