

7&8 - Q2 IA Newsletter

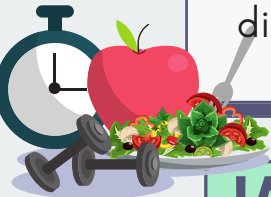


Health

Our Day 1 Health Class is an in-depth Human Anatomy course.

Day 2 Health Class is a nutrition course. The students will be introduced to the basics of nutrition- how to read nutrition labels, and the macronutrients. The students will then have a semester-long project creating and designing food trucks along with a healthy menu.

Day 3 Health Class is our Stress Management course. The students will learn about stress, what it is, how it affects our brains and different ways to cope with stress.



IA Team

Hello Families and Guardians,
The IA Team will be sending out quarterly newsletters about topics going on in our classes.

Please reach out anytime
Library Media -Mrs. McNevech
cara.mcnevich@sau101.org

Art- Mrs. Dexter
caroline.dexter@sau101.org

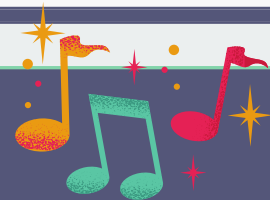
Music - Mrs. Sullivan
julie.sullivan@sau101.org

PE- Mr. Balsmer
brandon.balsmer@sau101.org

Health - Mrs. Mau
Jessie.mau@sau101.org

All students are graded on participation, cooperation within groups, and effort to improve.

Music



The Middle school music students are in 3 different music elective classes. General music: Students will be creating music projects on their chromebooks in google classroom about various topics such as music from other cultures, music of the Decades and Music and You.

In the Piano keyboarding class, students will learn how to read notation for both the left and right hand and learn how to play basic piano songs. Students work individually on how to play simple songs and occasionally share them in class.

In the World Music Drumming class students learn about the history of the Djembe Drum and the culture of African Music. They will learn how to play a Tubano (Hand Drums) and learn to play a simple drum song as a class. They learn the technique of playing with both hands and the use of Call and Response on the drums. We will invite other staff members to listen at the end of the quarter.





PE

Day 1: Indoor Team Sports Guiding Question: Can I work hard to improve my basketball skills while using positive words and actions to encourage all of my classmates to participate with me?

Day 2: Circus Arts Guiding Question: Can I demonstrate a growth mindset and support the growth mindset of others with positive communication and self-talk during circus practice and performances?

Day 3: Net Sports Guiding Question: Can I learn the rules and strategies for Pickleball & Volleyball and develop my skills so that I can play a full game with my friends?

Library Media

Coding/programming/3D printing
Students will start with 3D structures and how to work as a team. And develop skills in code using Tynker and 3D printers.

Book Club/Newspaper: Students are working on a school newspaper and how to best write for the paper. Students have an opportunity to read books of choice and how to be able to articulate what they are reading.

Lego Design- Students are working in teams to develop ways of solving a challenge with Legos using constraints.



Art



General Art - We are continuing to finish up line art still lifes. We will also be studying Edvard Munch's The Scream and creating a twist of it in their own art. Towards the end of the quarter we'll begin a 3D art with plaster of paris.

Painting Class - We will be working on different painting techniques using acrylic, watercolor and ink to create works of art. We will experiment in painting with monochromatic colors along with creating tints and shades.

Watercolor methods such as wet on wet as well as using marker ink to create a watercolor effect.

Drawing - Students will be creating works of art in 1 point perspective and 2 point perspective. As well as understanding the value scale and incorporating it into their artwork.