

Update to the Paul School Covid Plan
September 30, 2022

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| <p>What should you do if you have Covid symptoms?</p> <p>Symptoms including but not limited to: fever, chills, sore throat, vomiting, or diarrhea</p>  | <ul style="list-style-type: none"> ● Stay home and monitor symptoms, while consulting with their primary care physician. ● It is recommended that individuals be tested for Covid-19. Those who opt not to test are presumed positive and should stay home and isolate for 5 days. ● Students and/or staff members may return to school once they are fever-free (off fever reducing medications) for at least 24 hours and other symptoms are improving. <i>If COVID-19 is detected, please see protocol below.</i> ● If you opt not to test, with symptom improvement and 24 hrs no need for fever reducing medication you may return to school wearing a mask days 6-10 |
| <p>What should you do if you test positive for Covid? (Regardless of vaccination status, you should)</p>  | <ul style="list-style-type: none"> ● Stay home for at least 5 days and isolate from others in your home. ● It is recommended to wear a high-quality mask if you must be around others at home and in public during those 5 days. ● If you have NO symptoms and test positive, you can end isolation and return after day 5 while wearing a mask for days 6-10** ● If you HAVE symptoms and test positive, you can come back after day 5 as long as you are fever-free (off fever-reducing medications) for at least 24 hours and other symptoms are improving, while wearing a mask for days 6-10** <p>** NOTE: With two sequential negative antigen tests 48 hours apart, you may remove you mask sooner than day 10.</p> |
| <p>What should you do if you have been exposed to someone with Covid who is a <u>household member</u>?</p>  | <p>If a family member tests positive for COVID-19, the student and/or staff member is no longer required to quarantine, regardless of vaccination status, as long as they remain symptom free. It is recommended that they be tested 5 days after last known exposure, but it is not required for attending school</p> <ul style="list-style-type: none"> ● If you have NO symptoms and/or test negative, you can come to school ● If you HAVE symptoms and/or test positive, you can come back after 5 days isolation as long as you are fever free (off fever-reducing medications) for at least 24 hours and other symptoms are improving, while wearing a mask for days 6-10. |