Paul School COVID-19 Plan

Our procedures and protocols reflect our focus of keeping our students and staff in schools in a healthy environment. In trying to simplify the messaging for our community, the following procedures should be universally taken into consideration for <u>ANY</u> applicable illness not restrictive of COVID-19. We recognize that each scenario is unique and we ask that you please use your best judgment in consideration of all students and staff members.

The Centers for Disease Control and Prevention (CDC) released (10/05/2022) new guidance on how schools manage illnesses and we have adjusted this document accordingly.

Returning to School Following Illness

COVID-19 testing remains strongly recommended by the Paul School but is not required for return to school.

Returning to school after illness can happen when:

1. symptoms have improved for 24 hours, they don't interfere with your student's ability to learn and are not a distraction to the classroom; **AND** 2. your student has had no fever (<100°F), vomiting or diarrhea for a minimum of 24 hours without the use of medication

Individuals Who Test Positive for COVID-19

Individuals associated with the school (staff & students) who test positive for COVID-19 must report their result to the school nurse and begin ISOLATION

Ending Isolation after a Positive Result (Required)

Ending Isolation after 5 full days can only be done when <u>ALL</u> of the following criteria are met:

- Symptoms have improved without use of medicine to control symptoms
- No fever is present in prior 24 hours (without the use of fever-reducing medications)

<u>A high quality face mask is strongly encouraged to be worn indoors around others through day #10</u> (please consider that lingering coughs, runny noses, & sneezing may be difficult to manage while masked and may be an indication that more recovery time at home is necessary). Mask wearing can be discontinued sooner than 10 full days if 2 negative rapid antigen tests taken 48 hours apart are completed

***If there is still a fever or symptoms after day 5, continue to isolate at home and consult with your primary care physician until you meet the above requirements to end isolation

***Isolation time frames may change depending on severity of illness/symptoms

References: FDA: At-Home COVID-19 Antigen Tests-Take Steps to Reduce Your Risk of False Negative CDC: Symptoms of COVID-19 CDC: Self Testing at Home or Anywhere CDC:

COVID-19 Testing- What you Need to Know FDA/EAU approved Home COVID tests NH DHHS School & Childcare Programs, NH DOE Technical Advisory 10/3/22