

HEALTH EDUCATION AND EXEMPTION FROM INSTRUCTION

Consistent with Department of Education requirements, health and physical education, including instruction about parts of the body, reproduction, and related topics, will be included in the instructional program.

Instruction must be appropriate to grade level, course of study, and development of students and must occur in a systematic manner. The Superintendent will require that faculty members who present this instruction receive continuing in-service training, which includes appropriate teaching strategies and techniques.

Parents/guardians will have the right to inspect and review health and physical instruction materials which will be made reasonably accessible to parents/guardians and others to the extent practicable. Parents/guardians who wish to review or inspect health and physical education materials may arrange a meeting with the Principal to review the materials.

In the event a parent/guardian finds specific course material objectionable, the parent/guardian may notify the building principal of the specific material to which they object and request that the student receive alternative instruction, sufficient to enable the child to meet state requirements for education in the particular subject area. This notification and request shall be in writing.

The building principal and the parent must mutually agree to the alternative instruction. The alternative instruction agreed upon must meet state minimum standards.

School district staff will make reasonable efforts, within the scope of existing time, schedules, resources, and other duties, to accommodate alternative instruction for the student. Alternative instruction may be provided by the school, through approved independent study, or through another method agreed to by the parent/guardian and the building principal. Any cost associated with the alternative instruction shall be borne by the parent.

Nothing in this policy shall be construed as giving parents/guardians the right to appeal to the school board.

Parents who wish for particular instructional material be reviewed for appropriateness may submit a request for review in accordance with Board Policy KEC.

Legal References:

NH Code of Administrative Rules, Section Ed 306.40, Health Education Program
NH Code of Administrative Rules, Section Ed 306.41, Physical Education Program
RSA 186:11, IX-b, Health and Sex Education
RSA [186:11](#), IX-c, State Board of Education; Duties.

Mrs. Priscilla Colbath, Chairperson
Mrs. Vivian Macedo
Mrs. J. Lizbeth Olimpio
Mrs. Judith Nason
Mr. Stephen Brown

Adopted by the Board: 5 May 2010
Revised by the Board: 16 May 2012

New Sample Policy: January 2012

Appendix IHAM-R, Health or Physical Education Opt-Out Form

Mrs. Priscilla Colbath, Chairperson
Mrs. Vivian Macedo
Mrs. J. Lizbeth Olimpio
Mrs. Judith Nason
Mr. Stephen Brown

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