

## SPECIAL PHYSICAL HEALTH NEEDS OF STUDENTS

The School District will meet the special physical health needs of all students, consistent with state and federal law. The school board recommends that all pupils participate in developmentally appropriate daily physical activity, exercise, or physical education as a way to minimize the health risks created by chronic inactivity, childhood obesity, and other related health problems. The School District will encourage developmentally appropriate daily physical activity, exercise, or physical education through curriculum, athletics, and other school programs.

**Legal References:**

*RSA 189:11-a, V*

*NH Department of Education Administrative Rule Ed 306.04(a)(2022), Meeting the Special Physical Health Needs of Students*

Revised: April 2017

New Sample Policy: May 2012

**NHSBA Note, April 2017:** Revised to update legal references and provide additional substance based on Dept. of Education guidance.

**Mr. Robert Ouellette, Chair**  
**Mr. Relf Fogg**  
**Ms. Mary Collins**  
**Ms. Sheena Robbins**  
**Ms. Caitlin Gelinis**

**Adopted by the Board: April 20, 2021**